Confined Space Entry Program

Study Supplement



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Bow Valley College

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Confined Space Entry Program- Study Supplement

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Introduction for the Teacher

Teaching Confined Space Entry to Students whose first language is not English

To make the classroom a more effective place for learning, it is important for teachers to teach the students how to learn. In other words, teach students strategies that will make their learning more successful. All learners use learning strategies either consciously or unconsciously when processing new information. Learning strategies are the mental activities that people use when they are learning.

The language learning strategies used by learners when processing new information have been identified and described by researchers. References regarding specific research models and theories are provided at the end of the study supplement.

Successful learners use a variety of learning strategies to build vocabulary, and these can be taught. For example, learners can be taught how to use context clues, how to use word part analysis and how to use word cards or vocabulary notebooks, and how to use a dictionary. There are many practice exercises in the study supplement.

There is a section in the study supplement that provides review exercises for the *Confined Space Entry Program.* These review exercises must be done in conjunction with the *Confined Space Entry Program.* These exercises will help students use new words and review content at the same time.

Teaching Strategies to Build Vocabulary

To build vocabulary there are four major strategies. They are as follows:

1. Use context clues.

Encourage students to guess from context clues in the written text to infer the meaning or part of the meaning of previously unknown words. To do this successfully, learners need to already know 95%-98% of the running words in a text. Since it is unlikely that the ESL students will already know 95%-98% of the running words in the text, using context clues as a strategy may be somewhat limited.

2. Use word analysis.

Encourage learners to use word part analysis to break complex words into prefix, root and suffix and use the meaning of the parts to help remember the meaning of the whole word. Over 60% of the low frequency words in English come from French, Latin or Greek, which make use of word parts. A small number of very useful prefixes and suffixes occur in many English words.

3. Use word cards or vocabulary notebooks.

Encourage learners to use word cards to study words and their translations, with the word on one side and its translation on the other. Pictures and drawings may also be used on the word cards. Encourage learners to keep vocabulary notebooks. To remember a word, a student could write out the sentence the word occurred in, write a translation, or draw a picture or diagram.

4. Use a dictionary.

Encourage students to use a dictionary to find the meaning of words and to gain other information about them. This strategy gives the learner independence from the instructor. Dictionaries provide definitions, spelling, pronunciation guides, illustrations and contextualized examples. A word of caution, some dictionaries provide explanations that are as difficult to understand as the word itself. If this is

the case, students may copy and even memorize definitions but still be unable to understand the words or use them independently. Junior or intermediate dictionaries such as the *Gage Junior Dictionary* are easier for learners to use and understand.

Teaching strategies to build comprehension

There are strategies that you, as a teacher, can use in the classroom to increase student comprehension. These strategies create a supportive learning environment.

(Source: Coelho, Elizabeth. (2004). *Adding English: a guide to teaching in multilingual classrooms*. Toronto: Pippin Publishing. pp.183-186)

1. Simplify vocabulary.

Explain concepts in simple language before introducing complex new words.

2. Pre-teach key words.

Select key words and pre-teach them by providing a picture, using gestures or mime, using students languages, providing synonyms, using the word in supported context or drawing an analogy.

Repeat and practice new words.

Say the new word clearly. Say it again and write it on the board. Have students repeat the word and practice pronouncing it.

4. Recycle new words.

Reintroduce words in supported context.

5. Print rather than write.

Printing is easier to understand than writing for students.

6. Provide plenty of concrete and visual support.

Use models, toys, pictures, charts, etc. to demonstrate concepts. Provide hands on activities.

7. Use key visuals to present key concepts.

Use diagrams, flow charts, maps, etc. as key visuals to reduce language barriers.

8. Simplify sentence structure.

Avoid complex sentences and passive verbs.

9. Emphasize key ideas and instructions.

Before you make an important point pause. Make sure students can see you. Gesture for emphasis, repeat, rephrase. Check and make sure students have understood you.

10. Use many non-verbal clues.

Gestures, facial expressions and mime will help students to get meaning from what you say. However, remember some gestures have different meanings in other cultures.

11. Make notes to signpost key ideas, new words, etc.

Use the whiteboard or make a chart to use during teaching. Make summary sheets for the students to use and keep.

12. Give clear instructions.

Provide clear, simply worded instructions for students. Write instructions on the whiteboard or handout written instructions.

13. Encourage oral rehearsal of key words and ideas.

Use this technique to summarize key ideas. Repeat at beginning and end of lesson.

14. Check often for comprehension.

Don't just ask students if they understand. Have them demonstrate their comprehension by showing you or telling you what they know.

15. Speak naturally.

Slow your speech only slightly. Explain contractions and explain how speech is often less formal than written language. For example: "gonna" instead of "going to".

16. Be aware of figurative and idiomatic language.

Idioms and figurative language are very difficult for second language students. If you use idioms or figurative language be prepared to explain it.

17. Allow enough response time.

Allow students the time they need to think in their native language and respond in English.

18. Provide language support with peer tutors.

Peer bilingual tutors can clarify instructions, provide translations of key words, and help you help to check comprehension.

19. Provide alternative resources.

If the text is too difficult, look for a text with simpler language and more visual support.

20. Lower anxiety levels.

Focus on key concepts and skills rather than all the content. You can also help reduce students' anxiety by providing a classroom that they feel safe and comfortable in by showing them respect and encouragement.

Learning Strategies for Successful Students

There are general learning strategies that students can use to make themselves a more successful learner. As the teacher of the program you can encourage students to:

- 1. Set personal goals.
- 2. Develop their self-confidence.
- 3. Take responsibility for their learning.
- 4. Make an effort to learn.
- 5. Don't depend on the teacher for everything.
- 6. Think positively.
- 7. Practice English with their classmates, the teacher, and outside the classroom.
- 8. Guess at or look up words they don't understand.
- 9. Focus and pay attention.
- 10. Ask for help from the teacher and other classmates.
- 11. Be willing to make mistakes.
- 12. Cooperate with the teacher and other students.
- 13. Take notes.
- 14. Review the information covered in class.
- 15. Lower their anxiety and relax.
- 16. Read extensively inside and outside the classroom.

Introduction for Students

This study supplement is for all students who want to improve their understanding of the ideas presented in the *Confined Space Entry Program*.

This study supplement begins with a list of strategies that will help you become a more successful learner for anything you study. There are strategies or methods in this supplement that will help you build your vocabulary and help you understand the information in the *Confined Space Entry Program*.

One of the best ways of learning is by doing. There are practice exercises in this supplement for you to do. This book will show you some ways that can help you learn new words. You will need a dictionary to do most of these exercises. You will need to use the *Confined Space Entry Program* when you do these exercises.

Strategies to Become a More Successful Student

- 1. Set your own goals.
- 2. Develop your self-confidence.
- 3. Take responsibility for your own learning.
- 4. Make an effort to learn.
- 5. Don't depend on the teacher for everything.
- 6. Think positively.
- 7. Practice English with your classmates, the teacher, and outside the classroom.
- 8. Guess at or look up words you don't understand.
- 9. Focus and pay attention.
- 10. Ask for help from the teacher and other classmates.
- 11. Be willing to make mistakes.
- 12. Cooperate with the teacher and other students.
- 13. Take notes.
- 14. Review the information covered in class.
- 15. Lower your anxiety and relax. Breathe.
- 16. Read, read and read more.

Strategies for Building Vocabulary

Vocabulary is a list of words that a person knows and can use correctly. You can build your vocabulary, by finding out the meaning of new words and by practising using them correctly until you know them well. There are strategies or methods in this supplement that will help you build your vocabulary. These strategies are:

- 1. Use context clues.
- 2. Use word parts.
- 3. Use word cards or vocabulary notebook.
- 4. Use the dictionary.

When you see a new word you don't know:

- Skip it and keep reading. If you still can't understand it...
- Guess the meaning by looking at the rest of the sentence or paragraph. If this doesn't help...
- Look at the parts of the word. Does anything remind you of other words?

 If this doesn't help...
- Ask someone. If there is no one to ask...
- Use a dictionary.

Vocabulary Exercises

Use Context Clues

You don't have to use the dictionary every time you see a word that seems new to you. Read the sentence and think about each of the words. Do you know the meaning of any of the words: If not, can you guess what they mean?

For example: <u>ventilation</u>.

Ventilation will maintain a fresh air supply.

Look at the words around <u>ventilation</u>. What subject are they about? The word air is in the sentence so it must have something to do with air. Look for other clues. Can you guess? A good guess would be that ventilation means providing fresh air.

This strategy will help you to find the general meaning of a word while you read so that you won't have to stop your reading so often to check the meanings of words. You can write down these words while you read and then look them up in the dictionary after you are finished.

Exercise -	. Hea	Contaxt	Chips.
しょたいりに 二	. 1725	COHIEAL	CIUES.

Read the following sentences. Use context clues to guess the meanings of the underlined words. Then match the words to the correct meanings below.

Rotating equipment may entangle a worker.

A check should be made to <u>ensure</u> that no equipment or tools or workers have been left behind.

A confined space has a limited opening for access or egress.

Gasoline is a <u>flammable</u> substance.

The Government of Alberta will <u>enforce</u> the Occupational Health and Safety Act and Regulations.

All residues must be removed from confined spaces by cold water flushing.

Personal protective equipment will <u>protect</u> workers from hazardous substances.

General exhaust ventilation will help control welding fumes,

1.	ensure	to force obedience
2.	flammable	to turn in a circle or turn around
3.	protect	to make sure something is done
4.	exhaust	to save from harm
5.	flushing	used steam and gases that escape
6.	enforce	wash with a sudden rush of water
7.	rotating	entry
8	access	capable of burning

Use Word Parts

Breaking down words into parts can sometimes help. Some words like 'poison' have only one part. Other words like 'non-poisonous' have more than one part. Words can be divided into three parts: the **prefix**, the **root** and a **suffix**.

prefix	root	suffix
4	Ψ	Ľ
non	poison	ous

Root

The root is the main part of the word. This is the part that the rest of the word is built on. This is the part that contains the basic meaning of the word. The root is the base word. In this example the root is 'poison'.

Prefix

The prefix is a word part that is placed in front of a root. A prefix changes the word's meaning or makes a new word. Prefixes can change the meanings of words because they have meanings of their own. In this example the prefix is 'non'. This means 'not'. So the meaning of the word is changed to 'not poison'.

Suffix

The suffix is a word part that is placed after the root. The suffix changes the word's meaning. Suffixes can change the meanings of words because they have meanings of their own. In this example the suffix is 'ous'. This means 'full of'. The suffix can change the word's meaning as well as its function (use).

By looking at the word in parts we found out that 'non-poisonous' means not full of poison. It helps to know the parts of a word because not all words have an entry in the dictionary. If you know the root part of the word you will be able to find it. Other forms of the word are usually listed at the end of the entry.

For example:

If you are looking for the word 'environmental', you will find it under 'environment'.

Exercise – Use Word Parts - Roots

Write down the root part of the word for each of the following words. The first one has been done for you.

Word	Root Part
hazardous	hazard
entanglement	
engulfment	
enclosed	
entrapment	
dangerous	
accessible	
enriched	
neutralization	
acceptable	
harmful	
unattended	
naturally	

Exercise – Use Word Parts - Prefixes

First write down the prefix for each of the following words. Then, find the meaning of the prefix in your dictionary. The first one has been done for you.

Word	Prefix	Meaning of Prefix
inactive	in	means 'not' or 'lack of'
non-flammable		
non-toxic		
remove		
disconnected		
underground		
unused		
indirectly		

Exercise - Use Word Parts - Suffixes

First, write down the suffix for each of the following words. Then, find the meaning of the suffix in your dictionary. The first one has been done for you.

Word	Suffix	Meaning of Suffix
extremely	ly	Like this or in this way
dangerous		
government		
isolation		
protection		
useless		
harmful		
flammable		
assessment		
windowless		
acceptable		

Use Word Cards or Vocabulary Notebooks

Use word cards to study words and their translations. Write the word on one side and its translation or meaning on the other. Pictures and drawings may also be used on the word cards.

Keep a vocabulary notebook. To remember a word, write out the sentence the word occurred in, write a translation or meaning, or draw a picture or diagram.

Use the Dictionary

One purpose of a dictionary is to explain the meanings of words. The dictionary has three main ways of helping readers to understand the meanings of words: definitions (explanations), examples (phrase or sentences) and pictures. When you look in a dictionary, it will usually have more than one meaning for a word. When a word has more than one meaning, its different definitions are given different definition numbers. Usually the most common meaning is given first, but you may have to look through several definitions before you find the one you want. You will need to use the context clues to decide which is the right meaning for your word.

If you look up the word <u>strategy</u> in the dictionary, it will give you the following meanings.

- 1. The science and art of military command.
- 2. A careful plan or method.

You will need the context clues to decide which meaning applies to your word. Since you already know that the sentence is about building word lists, the second meaning makes more sense.

Exercise – Use the Dictionary

Look up the following words in the dictionary. Then write short definitions of the words in point form. Since each word may have more than one meaning, place a check mark on the meaning that makes sense for your sentence. You can use context clues to do this by finding the words in *Confined Space Entry Program*.

Word:	expl	osion
Meanings:	1.	✓ a blowing up; to burst with a loud noise
	2	a large scale rapid expansion
	3.	a violent outburst of feeling
hazard		
Meanings:		
flammable		
Meanings:		
· ·		
non-flamma	able	
Meanings:		
-		
corrosive		
corrosive		
Meanings:		

non-explosio	on proof
Meanings:	
-	
suffocate	
Meanings:	
wearings.	
atmosphere	
Meanings:	
neutralizatio	n
Meanings:	
go.	
claustrophol	oia
Meanings:	
J	
documentati	on
	
Meanings:	

engulfment	
Meanings:	
entrapment	
Mearings.	
entanglemen	t
Meanings:	
deficient	
Meanings:	
3 - 3 - 3	
enriched	
Meanings:	
isolate	
Meanings:	

		_
delegation		
Meanings:		_
competent		_
Meanings:		
qualified		
Meanings:		
woarmigo.		
restricted		
Meanings:		
absorb		
Meanings:		
weariings.		
purging		
Meanings:	·	

visibility			
Meanings:			
_			
personnel			
Meanings:			
ignition			
ignition			
Meanings:	 		
inhalation			
Meanings:	 	 	
adjacent			
_			
Meanings:	 	 	

appropriate		
Meanings:	 	
rocollore		
rescuers		
Meanings:	 	

Exercise

Match the following abbreviations to the correct words. The abbreviations, words and definitions can be found in the Glossary of the *Confined Space Entry Program*.

1. OEL- Skin	 Air Purifying Respirator
2. WHMIS	 Occupational Exposure Limit
3. OEL	 Canadian Standards Association
4. A.P.R.	 Parts Per Million
5. IDLH	 Occupation Exposure Limit - Skin
6. OEL-TWA	 National Institute for Health and Safety
7. OEL-STEL	 Upper Explosive Limit
8. CSA	 Workplace Hazards Material Information
	System
9. OEL-Ceiling	 Occupational Exposure Limit – Time
	Waited Average
10. PPM	 Occupational Exposure Limit – Short
	Term Exposure Limit
11.NIOSH	 Immediately Dangerous to Life and
	Health Atmospheres
12.LEL	 Occupational Exposure Limit - Ceiling
13.UEL	 Lower Explosive Limit

Exercise

Match the following words to the correct definitions. The words can be found in the Glossary of the *Confined Space Entry Program*. You can look up the words in the dictionary if you like.

1.	blank	 Contaminants can enter the body in a number of ways.
2.	competent/qualified	 Can cause adverse health effects.
3.	combustible	 An atmosphere with less than 19.5% oxygen.
4.	man watch	 A device designed to protect the human respiratory system from contaminated air.
5.	toxic substances	 An atmosphere with more than 23% oxygen.
6.	oxygen deficiency	 Substances in the air that may be harmful to health.
7.	natural ventilation	 Thermal burns are caused by steam, compressed gas streams, hot fluids or surfaces and chemical burns from acids or caustics.
8.	oxygen enrichment	 A solid circular metal plate installed at the end of a pipe.

9. mechanical ventilation	 A solid circular metal plate installed through the cross-section of a pipe.
10. isolation	 Capable of burning.
11. respirator	 In relation to a worker, competent means suitably trained and with sufficient experience.
12. routes of access	 The point where a respirator filter element is no longer able to provide the protection it was designed for.
13. confined space	 Means or route of escape
14. egress	 The separation of a confined space from sources of danger.
15.burns	 Work such as welding, torch cutting, heating and grinding which can raise the temperature in a confined space.
16. flammable	 A method used to isolate a confined space from a line, duct or pipe.
17.tending worker	 The point where the worker's breathing zone crosses the entrance of the confined space.

18. access	 Characteristic of any substance that is easily ignited.
19. bonding	 Provides limited means of entry or exit.
20. bio-hazardous materials	 Ventilation of a space with mechanical air movers.
21. double block and bleed	 Ventilation of a space by natural air movement.
22. hot work	 A worker able to effect emergency procedures and assigned to remain outside a confined space and in communication with persons inside.
23. blind	 A specific set of procedures for ensuring that a machine shut down for maintenance or repair or other reasons is secured against accidental start-up or movement of any part for the time of the shut down.
24. air contaminants	 Infectious agents presenting a risk.
25. breakthrough	 Electrically connecting elements of an installation to each other so that difference in electrical potential between the elements are minimized.

Comprehension Exercises

Review exercises should be completed in conjunction with the *Confined Space Entry Program*. Each review exercise section corresponds to the section in the *Confined Space Entry Program*.

hazardous

Introduction

confined

space

(Confined Space Entry Program pp.1-7)

explosion

Choose the word that best completes the following sentences.

rescuers

suffoc	ate	because	exit	hazards	toxic	engulfment
1.	About	60% of the de	eaths in confin	ed spaces hav	/e been	
2.	The co	onfined space	can be natura	ally		
3.	The w	ork done in th	e confined spa	ace often crea	tes	·
4.	Acetyl	ene gas is da	ngerous becau	use it can burn	and	
			easily.			
5.	The work done in the often			often		
	creates hazards.					
6.	. The decaying silage the oxygen and produced the				produced the	
			_ gas nitroger	n dioxide.		
7.	Grain stored in bins can workers.					
8.	. The workers could not get out because material was piled in the					

9. An _____ and flash fire at a worksite seriously burned

two workers.

explode

consumed

Section 1 – What is a Confined Space?

(Confined Space Entry Program pp. 8-10)

Please answer the following questions.

What are the 3 characteristics of a confined space?

vviia	tare the e characteriotics of a commod opace.
1.	
2.	
3.	
	3 confined spaces that are enclosed on all sides.
1.	
2.	
3.	
	3 confined spaces that are not closed on all sides.
1.	
2.	
3.	

Section 2 – Who is Responsible for Safety?

(Confined Space Entry Program pp. 11-12)

Choose the word or words that best complete the following sentences.

Safety	occupational	Regulations	Codes
technical standards		rules	employers

1. The Occu	ıpational Heal	th and Safety Act g	ives government the	authority to
make		and	regarding v	vorkplace
health and s	safety. The O	ccupational Health	and Safety Act sets o	out basic duties
and obligation	ons of	and	d workers.	
2. The Occu	ıpational Heal	th and Safety Regu	ılations deal with gov	ernment policy
and adminis	strative issues	related to	health a	and safety.
3. The Occu	ıpational Heal	th and Safety Code	contains detailed	
				_ and safety
	tha	at support the Occu	pational Health and S	Safety Act and
the Occupa	tional Health a	and Safety Regulati	ons.	
4	is	the responsibility of	of the worker and the	employer.
Confined sp	pace entry acti	vities should not be	e permitted unless ha	zards have
been:				
1.				
2.				
3.				

Section 3 – Hazards

(Confined Space Entry Program pp. 13-18)

List 14 hazards that could exist in a confined space.

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	

Choose the word that best completes the following sentences.

fire	explosion	19.5%	chemicals	enriched
ignition	flammable mate	erial	contaminants	ladders
23%	explosion	oxygen	21%	corrosive
visibility	crush	hazardous		

1. Normally the air we breathe contain	ns oxygen.
2. Two things make an atmosphere fl	ammable. List them.
3. An will	result if a source of ignition is used in a
confined space containing a flammab	le material.
4. Most substances should be consid-	ered in a
confined space.	
5. Processing equipment or mechanic	cal equipment, such as mixers, can
a worker.	
6. Chemical burns can result from dire	ect contact with
or irritant chemicals.	
7. Poor	may result from poor lighting or from
activities such as sand blasting or we	lding.
8 a	nd slippery and uneven surfaces can result
in workers falling.	
9 can	enter the confined space from other areas
through ducts, piping, gas leaks and	
10. Residue	and materials can affect the
atmosphere of the confined space.	

Section 4 - Controls

(Confined Space Entry Program pp. 19-30)

Controls fall under three general categories. List them.

2.	Conti	Controls fail under three general categories. List them.			
Engineering controls List 3 methods that may be used to remove residue. 1. 2. 3. Choose the word that best completes the following sentences. substances combustible oxygen general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	1.				
Engineering controls List 3 methods that may be used to remove residue. 1. 2. 3. Choose the word that best completes the following sentences. substances combustible oxygen general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	2.				
List 3 methods that may be used to remove residue. 1. 2. 3. Choose the word that best completes the following sentences. substances combustible oxygen general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	3.				
Choose the word that best completes the following sentences. substances combustible oxygen general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	Engi	neering contro	ols		
2. Choose the word that best completes the following sentences. substances combustible oxygen general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	List 3	methods that	may be used to remo	ove residue.	
Choose the word that best completes the following sentences. substances combustible oxygen general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	1.				
Choose the word that best completes the following sentences. substances combustible oxygen general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	2.				
substances combustible oxygen general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	3.				
general ventilation Purging Ventilation neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	Choo	se the word th	at best completes the	e following sentences	
neutralization environmentally local exhaust ventilation 1. Cleaning procedures include steam or water cleaning,	subst	ances	combustible	oxygen	
1. Cleaning procedures include steam or water cleaning,	general ventilation Purging Ventilation				
descaling and special solvent application. 2 is the removal of a dangerous atmosphere in a confined space by using a fluid such as water or a non-flammable gas, such as	neutralization environmentally local exhaust ventilation			ation	
2 is the removal of a dangerous atmosphere in a confined space by using a fluid such as water or a non-flammable gas, such as					
confined space by using a fluid such as water or a non-flammable gas, such as					
initeger of control districts					

3. Ine	rting is used in highly explosive situations. Inerting means completely
repla	sing the in a confined space with an inert (non-reactive)
gas s	uch as nitrogen.
4. Pro	cess residue should be washed out and disposed of in an
	acceptable practice.
5. A _	gas test of the atmosphere in the confined
space	is required if there is any ignition source in the confined space.
6. Te	sts for harmful and oxygen levels must be
carrie	d out.
7	is the process of continuously moving fresh air
throu	gh the confined space.
8. Tw	types of mechanical ventilation are:
1.	
2.	
There	are two basic reasons for ventilation. List them.
1.	
2.	

Administrative controls

personnel	trained	sign	entry
visual	experienced	risks	

1. There are	in confined space	e entry work.
2. It is important to ha	ve	,
	workers on the jol	o.
3. Procedures must be	e developed to make sur	re there are safe communications
among all		
4	communications are t	he most reliable.
5. All confined spaces	must have a	identifying it as a confined
snace at each	point	

Personal protective equipment

In most confined space entries, Personal Protective Equipment will be required.

List 7 types of Personal Protective Equipment.

1.				
2.				
3.				
4.				
5.				
6.				
7.				
Choo	se the word that b	est completes the followir	ng sentences.	
prote	cted	appropriate	exit	
qualit	fied	personal protective equi	pment	
1. Workers exposed to hazards in a confined space must be from injury.				
2. PPE stands for				
	. A person must make sure that the			
		equipment is available an	d that workers wear it.	

Section 5 – Code of Practice

(Confined Space Entry Program pp. 30-32)

prepared	emergencies	emergency	isolated	responsibilities
toxic	Man Watch	hazards	safety	test
permits	communications	documented	controls	

1. Identify all	and
2. Make sure the confined space is	from any
dangerous fluid or gas and the method is	·
3. Make sure a	is named for the job. The person
must be aware of his or her	The person is to watch
work activities and respond to	·
4. Make sure the	equipment,
equipment and	equipment are there. Make sure
personnel know how to use the equipmen	nt.
5. Make sure a safe	system is in place between the
Man Watch and all workers in the confine	d space.
6. Make sure a rescue plan is	and all workers are
aware of this before the work is started.	
7. Make sure that all safe work	have been acquired and
reviewed with workers.	
8. Conduct Combustible Gas, Oxygen, an	nd gas tests before
any confined space entry.	

Section 6 – Isolation of the Confined Space

(Confined Space Entry Program pp. 32-36)

Blanking	danger	disconnected	power source	isolated
locked out	dangers	barrier	contaminants	blinds
plugged	isolation	bleeding		

1. A worker's safety may be put in _	by equipment or hazardous
materials in a confined space.	
2. Workers need to be trained in isc	plation safety methods to protect themselves
from these	
3. The workspace must be	from other worksite areas,
before a confined space entry.	
4. The confined space may be clos	ed off or the confined space may have a
pl	aced around it.
5. It is the employer's responsibility	to make sure that all
methods	are properly installed.
6. All mechanical equipment in the	confined space must be
from the po	ower source.
7. The controls must be	to prevent accidental start up.
8. The equipment control switch mu	ust be operated to make sure that the
	is disconnected.
9. Area isolation is an effective met	hod to prevent
from entering or exiting a confined	space.
10	means putting a physical barrier through
the cross section of a pipe so that r	materials are stopped from flowing past that
point.	
11. Blanks or	should be installed as close as possible to
the confined space.	

	or capped.			
13. Double block and		_ is used with a three-valve system.		
List 5	isolation safety procedures.			
1.				
2.				
3.				
4.				
5.				

Section 7 – Emergency Preparedness

(Confined Space Entry Program p. 37)

Man Watch	communicate	equipped	personnel
equipment	documented	emergency	post

1. To be prepared for an	the rescue equipment
required in the plan must be written down.	
2. There must be a	at the
confined space entrance.	
3. The site-specific emergency response plan	must be
and agreed to by all workers involved.	
4. All confined space	_ must sign the Confined Space
Entry and Rescue Plan before confined space	e entry can proceed.
5. The Man Watch must be	with appropriate personal
protective equipment	
6. The Man Watch must be equipped with oth	er emergency
7. The Man Watch must be able to	at all times
with the worker(s) inside	
8. The Man Watch must never leave their	unless they are
properly relieved by a qualified person(s).	

Section 8 - Entry

(Confined Space Entry Program pp. 38-40)

Before entering a confined space it is mandatory to test for:

1.										
2.										
3.										
Choc	ose the wo	rd that be	est comp	letes the fo	llowin	g sent	tences.			
outsi	de	person	nel	exit		adjad	ent	r	remote	
sign		oxygen		entry		recor	ded	ŗ	permitte	∍d
locko	outs	manda	tory	recorded		ventil	ation	a	account	ted
and to 2. The the co	The test results must be on the Safe Work Permit and the Confined Space Entry and Rescue Plan. The air in the confined space should be tested from of the confined space before entry into the confined space. A trained worker using detection equipment which has									
probe	probes and sampling lines should do the air quality testing.									
4. Be	4. Before entry is permitted air quality samples must show that the									
				is within sa						
				air						
haza	azardous atmosphere (toxic gases, flammable atmosphere) is not present.									
6. Be	Before entry is permitted air quality samples must show that									
		eq	uipment	is working p	roper	ly.				
7.A	white	board	or sin	nilar log	sys	tem	must	be	set	up
	to the vessel or confined space.									
8. Al	8. All workers entering the confined space must in and									
out.	out.									

9.They must record the time of their a	and
I0. It is entry.	gle
11. At the of a confined space entry job make s	ure
hat no tools, equipment or workers have been left behind.	
12. At the completion of a confined space entry job make sure that all	
have been signed off the board and are	
for before leaving the confined space	
13. At the completion of a confined space entry job make sure	
, mechanical blocks, or other hazard-control devices ha	ve
been removed, and a record system is signed off.	

Appendix

There is a glossary in *Confined Space Entry Program* (pp. 41-46). A glossary is a list of difficult words with explanations.

Some of the words in this *Confined Space Entry Program Study Supplement* are in the glossary and some are not.

The words in the exercises in this *Confined Space Entry Program Study*Supplement have been taken from *Confined Space Entry Program*. You can find them in your book in the following sections.

Introduction

incidents	naturally	rescuers
unstable	engulfment	suffocate
hazardous	occupational	non-explosion-
		proof
dangerous	consumed	explosion

Section 1 - What is a Confined Space?

enclosed	characteristics	atmosphere
safety	substances	restricted
ventilation	exhaust	physically

Section 2 - Who is Responsible for Safety?

Regulations	identify	assessment
implemented	ensure	documented
inspecting	effective	responsible
government	procedures	obligations
elimination	harmful	authority

Section 3 - Hazards

potential	entanglement	purging
toxic	inadequate	non-hazardous
non-flammable	contaminants	claustrophobia
environmental	deficient	adjacent
enriched	combustible	ignite
flammable	non-toxic	visibility
temperature	external	dismemberment
entrapment	disabilities	defective
corrosive	residue	components

Section 4 - Controls

neutralization	competent	delegation
exposed	qualified	purifying
inerting	environmentally	acceptable
protection	prominent	personnel
excessive	appropriate	

Section 5 - Code of Practice

isolated	

Section 6 - Isolation of the Confined Space

barrier	isolation	disconnected
prevents	redirected	adequate
developed		

Section 7 - Emergency Preparedness

n	net		
l b	001		

Section 8 - Entry

detection	mandatory	remote
completion	quality	recorded
accounted		

Section 9 - Glossary

bio-hazardous	radioactive	infectious
absorption		

Section 10 - Hazard Identification and Controls Checklist

Section 11 - Emergency Response Checklist

Section 12 - Confined Spaces Rescue Plan

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